



Where Do I Start?

Disability Specific Resources

Parents of children with disabilities frequently request information and support regarding a particular disability. Below is a list of Colorado disability specific organizations that offer resources, information and, in some cases, parent support groups.

Also included are major national organizations (in italics) which may provide materials in Spanish, online forums or a list of support groups by state. Call P2P or visit our website for additional resources.

P2P: Parent to Parent of Colorado, p2p-co.org, 877-472-7201

- One to one parent matching
- Website with additional disability specific resources and parent support groups
- Listserv linking parents throughout the state

Autism/Asperger Syndrome

- Autism Society of Colorado, autismcolorado.org, 720-214-0794 or 866-733-0794
- Autism Society of Boulder County, autismboulder.org, 720-272-8231
- Larimer County Autism Society, autismlarimer.org, 970-377-9640
- M.A.S.K. - Mother's of Asperger's Syndrome Kids, health.groups.yahoo.com/group/maskas99/ (online)
- Pikes Peak Region, Autism Society of America, asappr.org, 719-216-7175
- *Autism Society of America*, autism-society.org, 800-328-8476
- *Online Asperger Syndrome Information & Support (O.A.S.I.S.)* aspergersyndrome.org

Brain Injury

- Brain Injury Association of Colorado, biacolorado.org, 800-955-2443
- *Brain Injury Association of America*, biausa.org, 800-444-6443

Cerebral Palsy

- Cerebral Palsy of Colorado, cpco.org, 303-691-9339
- Cerebral Palsy Association of Colorado Springs, cpappr.org, 719-638-0808
- *United Cerebral Palsy*, ucp.org, 800-872-5827

Chromosomal Disorders

- The XYYY Project, xyysyndrome.org, 303-400-3456
- *Chromosome Deletion Outreach*, chromodisorder.org/CDO, 561-395-4252
- *National Fragile X Foundation*, nfxf.org, 800-688-8765

Down Syndrome

- Colorado Springs Down Syndrome Association, csdsa.org, 719-633-1133
- Mile High Down Syndrome Association, mhdsa.org, 303-797-1699
- *National Down Syndrome Congress*, ndscenter.org, 800-232-6372

Epilepsy

- Epilepsy Foundation of Colorado, epilepsycolorado.org, 303-377-9774 or 888-378-9779
- *Epilepsy Foundation*, epilepsyfoundation.org, 800-332-1000

Fetal Alcohol Syndrome

- NOFAS Colorado, nofascolorado.org, 303-692-2620
- *National Organization on Fetal Alcohol Syndrome*, nofas.org, 800-666-6327

Hearing and Vision Impairments

- American Council of the Blind of Colorado, acbco.org, 888-775-2221
- Anchor Center for Blind Children, anchorcenter.org, 303-377-9732
- Colorado Families for Hands and Voices, cohandsandvoices.org, 303-492-6283
- Colorado School for the Deaf and Blind, www.csdb.org, 719-578-2100
- *National Federation of the Blind of Colorado*, nfbco.org, 303-778-1130 or 800-401-4632

Infantile Scoliosis

- Infantile Scoliosis Outreach Program (ISOP), infantilescoliosis.org, 303-691-9339 or 866-417-4873

Learning Disabilities/Dyslexia

- Learning Disability Association of Colorado, ldacolorado.com, 303-894-0992
- Rocky Mountain Branch of International Dyslexia Association, dyslexia-rmbida.org, 303-721-9425
- *International Dyslexia Association*, interdys.org, 410-296-0232
- *LD Online*, ldonline.org
- *National Center for Learning Disabilities*, nclid.org, 888-575-7373

Mental Health

- Empower Colorado, empowercolorado.com, 866-213-4631
- Mental Health America of Colorado, mhacolorado.org, 800-456-3249
- National Alliance for the Mentally Ill, Colorado, namicolorado.org, 888-566-6264
- *Child and Adolescent Bipolar Foundation*, bpkids.org, 847-492-8519
- *Depression and Bipolar Support Alliance*, dbsalliance.org, 800-826-3632

Spina Bifida

- Spina Bifida Association of Colorado, coloradospinabifida.org, 303-797-7870

Tourette Syndrome

- Tourette Syndrome Association Rocky Mountain Region, tsarmr@att.net, 720-212-7535
- *Tourette Syndrome Association*, tsa-usa.org, 718-224-2999

For information on additional specific disabilities, we recommend:

- CHADD (Children & Adults w/ Attention Deficit/Hyperactivity Disorder), chadd.org, 800-233-4050
- Muscular Dystrophy Parent Project, parentdmd.org, 800-714-5437
- Parents of Premature Babies, preemie-l.org
- Sensory Processing Disorder Foundation, spdfoundation.net, 303-794-1182

For general information on disabilities from national organizations, we recommend:

- MUMS National Parent-to-Parent Network, netnet.net/mums, 877-336-5333
- National Dissemination Center for Children with Disabilities (NICHCY), nichcy.org, 800-695-0285
- National Organization for Rare Disorders (NORD), rarediseases.org, 800-999-6673 (voicemail only)

Other information sheets in this series:
Where Do I Start? General Resources
(English and Spanish)
Available for downloading at p2p-co.org



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